

Special Orientation 2003 Edition!

Dear New Arcadia University Students

It is my pleasure to welcome you to the Arcadia University community. We are thrilled that you have made the decision to pursue your education here and hope that you will become thoroughly engaged in the life of the University. Each student has many opportunities to become involved and through that involvement many lasting friendships will be developed and new experiences will arise.

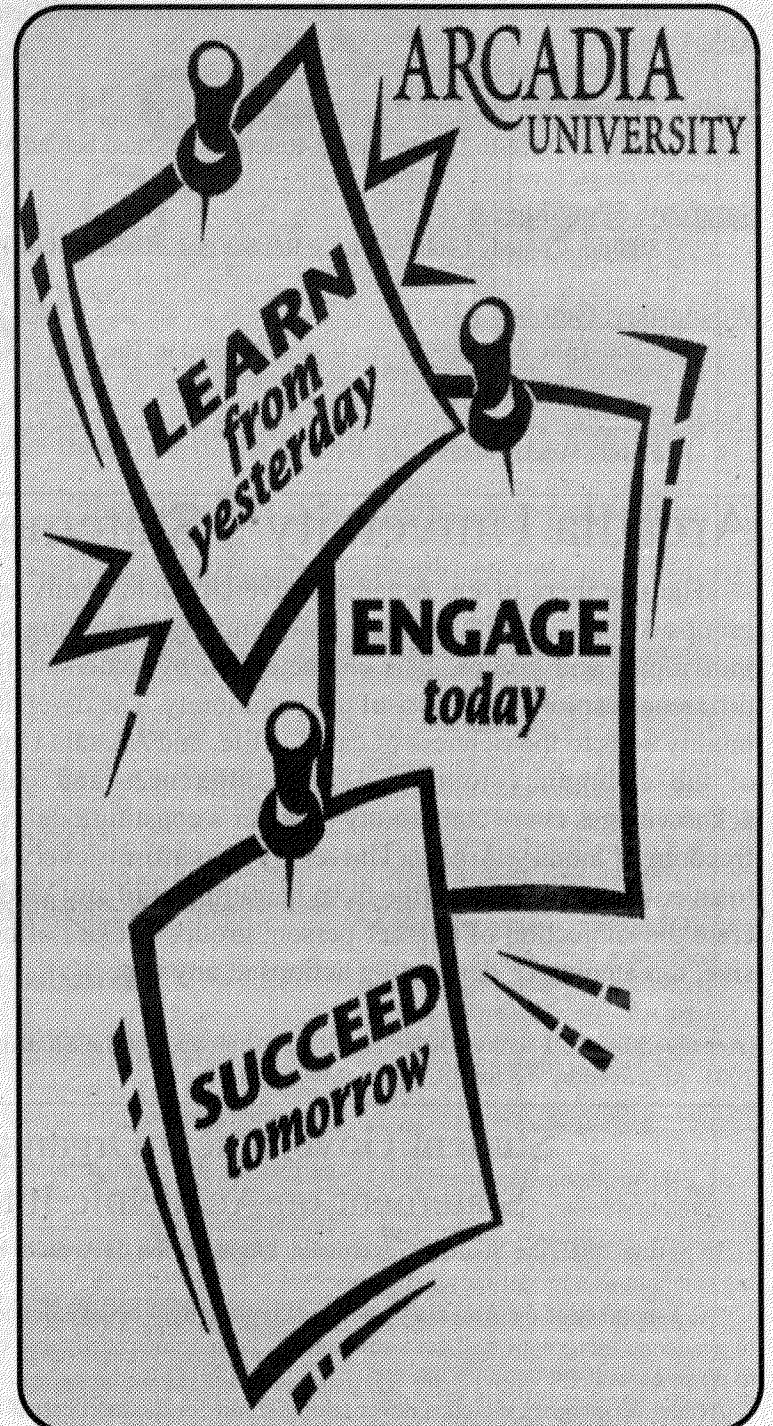
During the next few weeks and months you will have the chance to meet many new people, we hope that you open yourself to the opportunities to become acquainted with the faculty and staff of the University as well as your peers. This campus community strives to be inclusive of individuals and groups who bring different experiences and interests to campus. We hope you will reach out to others, learn about different cultures, religions and interests, while you make the most of the opportunities to share your own perspectives and experiences. Arcadia University is a community where differences are respected and supported, and students assume significant responsibility in all facets of their lives.

As you adjust to our campus environment, I ask you to make the most of the various activities and learning opportunities. Your special attributes will strengthen our community and serve to help us benefit collectively from our diversity. Keep in mind that the faculty, staff and student leaders are here to assist you and to contribute to the quality of your collegiate experience.

I wish you much success throughout your years at Arcadia. Welcome and enjoy!

Sincerely,

Janet E. Walbert
Vice President for Student Affairs and Dean of Students



“Things I wish I had known my first year of college”

No matter how late you schedule your first class, you will attempt to sleep through it anyway. If you were smart in high school, so what? Your best friend is your worst roommate. The Freshman 15 is not a myth. Nothing is as bad as it may seem, just relax, it will all happen. Quarters are gold. Instant messenger becomes an addiction. E-mail becomes your second language. Western Europe could be wiped out by a horrible plague and you wouldn't know, but you can recite last week's Friends verbatim. Home is a great place to visit, but I wouldn't want to live there. Biology is really chemistry, chemistry is really physics and physics is really math. Friends are what makes college worthwhile. It is possible to be alone even when you are surrounded by friends. The free food served until 10 is gone by 9:45. You will eat anything that is free. The more money your parents give you, the less you have every time you check your account. You can know nothing and ace a test. You can know everything and fail a test. Study anyway. Two words: Study Group. When scheduling classes, pick the professor, not the time of day; the person teaching can make all the difference. You can change so much, and barely notice it. Procrastination will become an art form. It never sucked so much to get sick. Getting mail was never such an ego boost. Two more words: Money Management. Don't be afraid to ask for help. Any kind of help. ASK QUESTIONS! Pay attention to deadlines. Live by the syllabus. If you want to take as many clothes out of the washer/dryer as you put in, make sure you know when your load will be done, and be there. Take advantage of the free concerts and lectures, after all you're paying for them. Keep an open mind, open to people and ideas alike. Have a goal you can write down on paper; without one, you might be lost most of your college years. **Go to class!!** Be cognizant of underage drinking, date rape, drugs, overdose, STDs, etc.; these are not other people's problems any more. You will no longer be thankful that fire alarms are there to protect you. Jeans may be worn as many times as the wearer desires. ATM's are the devil's work: ATM = Another Twenty Missing. Duct tape heals all wounds. The ugly cinder block/concrete walls are *not sound proof*. You will learn to spot parking spaces 5 rows away, but you'll get one anyway. Creativity in the dining hall is key!

compiled by Julie Strange with help from Sandy Moraes



ARCADIA
UNIVERSITY

What time is it?

Here is just a highlighting of upcoming activities. Keep your eyes peeled for posters around campus with more information!

Wednesday, August 27

8:30am Classes Begin! (Note: Freshman Seminars begin on September 8)
7:30pm SPB Fall Kick-Off in the Chat

Friday, August 29

8:00pm Karaoke in the Chat

Saturday, August 30

Bus Shuttle for Philadelphia, leaving from Taylor Hall. Details available in the Student Affairs Office.

Friday, September 5

9:00pm Drive-In Movie: Matrix Reloaded. Located behind Murphy Hall

Saturday, September 6

8:00pm Comedy Club Featuring Robbie Prinze. Located in The Chat

Wednesday, October 17

Noon-1pm Making College Count. Located in The Chat

October 10-12

Family Weekend

Arcadia University's Statement on Civility

The members of the Arcadia University community encourage all individuals and groups to behave with civility. A community upholding civility respects the rights of individuals and groups. It is characterized by understanding and consideration of the differences among members of the community. The diversity of the University community adds to the richness of campus life, and Arcadia University expects all members of the community to respect both differences and commonalities. The University acknowledges every community member's constitutional right to freedom of speech and freedom of inquiry. Arcadia University also affirms every community member's right to an environment that is free from harassment of any kind. The University will not tolerate the subjection of another person, group, or class of persons to inappropriate, abusive, threatening or demeaning actions at any time.

(Approved by the Faculty, December 2000. Approved by the Student Government Organization, April 2001. Approved by the Staff Council, May 2001.)

Student Government Organization's Statement on Academic Integrity

In Spring 2002, the Student Government Organization of Arcadia University approved the following statement as a model for all students:

"As a member of the Arcadia University community, I believe in and promise to uphold its standard of academic integrity. I will act with honesty, both academically and otherwise, and encourage others to do so as well."

Academic integrity includes never taking credit for the intellectual work of others, whether written or not.

Current University policies on issues of academic honesty can be found in the *Arcadia University Student Handbook* in the section entitled "Code of Academic Responsibility."

Interested in joining The Tower?
 We are always looking for writers, artists, photographers, editors, business-minded people, administrative assistants! Keep an eye out for posters with meeting dates and come to the Activities Fair! We'll be there!

Welcome

all these numbers and more, including locations, can be found at www.arcadia.edu. Just click on "Campus Directories!"

Roommate 101

It's that time again, and college awaits. It beckons to you with new experiences! New classes! New friends! A new roommate or two?!

Of all the adjustments going away to school brings, learning to live with other people is easily the most challenging. Living with a roommate, whether they are a complete stranger or your best friend from back home, is an incredible opportunity to learn. Approach the situation as such and you will be amazed how much easier it becomes.

Be prepared to learn about yourself. No one will hold a mirror up to your character quite like a roommate. Because they live with you 24/7, a roommate will see you at your best and at your worst. You may be stronger than you know, you may have a tendency toward selfishness. A roommate will point these things out to you – and this is a good thing. There are things you do that you have never noticed, unconscious acts that have become part of who you are.

According to the USA Today article "Reducing College Roommate Conflict," It's important to recognize that you may have different values, beliefs, and cultural norms, but have an open mind and have conversations early on about these differences; and don't make assumptions about the other person

Tips for making life easier:

* Sit down with your roommate(s) as soon as possible and start making rules, when do each of you go to bed? Are you allowed to share clothes, videos, books? What is off limits no matter what? No guests after midnight? What about when one of you is asleep? Can I use the tv or stereo after I am without headphones? (Invest in some cheap headphone extension cords for your television and stereo, they will save you tons of aggravation.) Talking about what you expect from each other early on will make the year go a lot smoother.

* Address issues you have with your roommate(s) as soon as they come up. Learn to compromise and give it time, sometimes it just takes a little getting used to things. Remember, your roommate is living with a stranger too.

* Talking didn't work? Compromising isn't working? Talk with your RA, they are there to help you with anything you can't handle yourself.

* Need more tips on how to survive with a roommate? Talk with your RA!



Public Safety, Emergency- x2999

Public Safety, Non-Emergency- x2800

Student Affairs- x2933

Student Health Services- x2966

Counseling Center- 4091

Business Office- 2981

Bookstore- 2971

Career Services- 2939

Library- x2975

Education Enhancement Center (EEC)- x4086

Information Technology (IT)- x2992

IT Help Desk- x2898

Registrar's Office- x2100

Student Government Office (SGO)- x2193

Writing Center- x4051

Commuting? *Somehow dorm life is seen as the epitome of the college experience.*

Nah, who says you're missing out by living at home? You don't have to share your bathroom with 60 gorillas, you might even have a car, which most students in rez don't have. Besides, there's enough challenges getting used to college without all the other life adjustments. You'll still have to balance priorities, do well academically and develop your social life. For those of you lucky enough to enjoy the privacy of your own room by living at home with your parents, here's how to survive co-existing under the same roof with them without going crazy:

Create yourself a life outside of home. Living at home doesn't have to mean social suicide. Meet new friends in your classes or in the many campus clubs and activities you should join.

Hang out at other venues: restaurants, coffee shops, the campus pub, clubs, parks, or there's always someone else's party to visit. When you do have people over, be respectful and keep noise level to a minimum.

Chances are, you'll be on a different schedule than your parents most days anyway. Spend enough time with them so they aren't frustrated with only seeing the back of you walking out the door all the time.

Be respectful. Don't treat home like a hotel or your parents like the front desk people. Appreciate them and try not to take them for granted. Take them out for dessert once in a blue moon.

Communicate. Sit down to discuss expectations, like you would with a roommate about curfew, alcohol, room privacy, food, having friends and guests over for visits, phone usage, study time.

Set boundaries. Establishing boundaries, both time and space, will help you maintain your independence. Decorate your room like an apartment or dorm room. Get your own phone.

Remind yourself often of all the little perks: you don't have to pack and move, pay rent or laundry, attempt cooking, or share your bathroom. You might even have access to a car and have a quiet study spot.

And while you are on campus, take advantage of our Commuter Lounge, located at the bottom of Heinz Hall. There are friendly Commuter Assistants (CA's) to guide you!

campus. It serves as an information source, provides tips on how to serve as an outstanding leader, and offers bits of inspiration to keep us going!

Collegiate Leadership Network
As a member of the Collegiate Leadership Network (CLN), Arcadia University can provide students with the opportunity to attend a one day Fall workshop tailored to those attending a college or university in the Philadelphia area.

Commuter Assistant

The CAs are undergraduate students who are selected for their interpersonal skills and their willingness to aid commuter students. They go through extensive training and are meant to serve as resources for commuter students. The CAs are also very important conduits of information to the Associate Dean. CAs are selected in the Spring for the following year. If you are interested, contact Jeff Ewing, ewing@arcadia.edu, Associate Dean of Students at 215-572-2086.

Orientation Leader

Orientation Leaders, or OLs, are returning undergraduate students who volunteer their time to help the transition of new students to the University. These student leaders undergo extensive training during the Spring, Summer and Fall. They work during the summer during Summer Orientation Days and come back early in the Fall to help with New Student Orientation program.

Resident Assistant

The Resident Assistant is an undergraduate student who assists students and the Residence Life staff in developing and implementing an educational and social environment for residents. They also serve as a resource and peer counselor, and assume related administrative responsibility for undergraduate residential students. The position includes a primary level of responsibility for monitoring and documenting student conduct, and reporting and monitoring of building operation concerns on the Arcadia University campus. For more information about the position please contact The Student Affairs Office at (215) 572-2933.

Clubs are changing!

Make sure you come to the Activities Fair, September 4th from 5 to 7pm on the Walk of Pride!

Students! Get involved! a list of clubs!

Before we give you a list of clubs you might want to join be sure to keep in mind two very important people in Student Involvement and Campus Activities: Kristen Hyman, Director of Campus Activities and Student Involvement (x4044), and Margie Smyth, Campus Activity Programmer (x2852). Both of their offices are located in the Student Activities Wing of Dilworth Hall.

Governance

- * Student Government Organization (SGO)
- * Class of 2004
- * Class of 2005
- * Class of 2006
- * Class of 2007

Programming

- * Spring Fling Planning Committee
- * Day Student Club (DSC)
- * Residence Hall Council (RHC)
- * Student Programming Board (SPB)

Cultural

- * Asian Students in America (ASIA)
- * Black Awareness Society (BAS)
- * International Club
- * Latino Association
- * PRIDE Gay and Straight Alliance

Music

- * Concert Ensemble
- * Castleaires
- * Gospel Choir

Religious

- * Arcadia Christian Fellowship (ACF)
- * Hillel (Jewish Student Organization)
- * Newman Club (Catholic Student Organization)

Service and Special Interest

- * American Sign Language Club
- * Arcadia Special Athletes Association (ASAA)
- * Literacy Corps
- * Model United Nations
- * Peers
- * Rotoract
- * Society for Castle Restoration (SCR)
- * Students Against Driving Drunk (SADD)
- * Student Alumni Association (SAA)
- * Student Environment Action Coalition (SEAC)

Club Sports/Sports Related

- * Cheerleading Club
- * Equestrian Club
- * Martial Arts Club
- * Roller Hockey Club
- * Skyward Rock Climbing Club

Media Groups

- * *Enthymion* Yearbook
- * *The Tower* Student Newspaper
- * WBVR College Radio

Academic Clubs

- * American Chemical Society
- * Biology Club
- * Education Club
- * French Club
- * Student Physician Assistant Association
- * Spanish Club
- * Student Physical Therapy Association (SPTA)

Honoraries

- * Alpha Epsilon Lamda (Honory Society Graduate)
- * Alpha Sigma Lambda (Adult Undergraduate)
- * Chi Alpha Epsilon (ACT 101/Gateway)
- * Kappa Delta Pi (Education)
- * Phi Alpha Theta (History)
- * Phi Kappa Phi (Honor Society)

- * Phi Sigma Tau (Philosophy)
- * Pi Delta Phi (French)
- * Psi Chi (Psychology)
- * Sigma Beta Delta (Business)
- * Sigma Delta Pi (Spanish)
- * Sigma Tau Delta (English)
- * Sigma Zeta (Mathematics)

Leadership

Leadership Training and Development Program

Opportunities for leadership training and development are available to students through Student Affairs. Opportunities include workshops, retreats, conferences and individual consultation, all of which are designed to enhance the leadership skills of students and assist student clubs and organizations in their functioning. For more information contact the Student Affairs Office, 215-572-2933 or Kristen Hyman, hyman@arcadia.edu, Director of Campus Activities and Student Involvement, at 215-572-4044.

Leadership@ArcadiaUniversity

Leadership @ Arcadia University is a comprehensive leadership development program which provides fun and beneficial opportunities for students. The series is designed for those who wish to develop strong leadership abilities which will further enhance their university experience, their personal lives, and their marketability for future leadership opportunities, both within the walls of Arcadia University and beyond.

LEAD

LEAD is a three-day conference that traditionally occurs the weekend before classes resume in January. Throughout the conference Arcadia University students attend a presentation by a professional leadership trainer, co-present and attend workshops, and participate in a service project.

The Newsleader

The Newsleader is a monthly newsletter distributed to students leaders and clubs on

Beyond Orientation

What is Beyond Orientation?

Beyond Orientation is a program designed to continue to assist students in their orientation to AU. We want to support you beyond the traditional Fall New Student Orientation program.

What are the Beyond Orientation Events?

SEPTEMBER

Thursday 4th- Activities Fair

Wednesday 17th- Monster's Making College Count, Noon in The Chat

Saturday 20th- College Day on the Parkway, TBA

Thursday 25th- 150th Celebration: Castle Heritage, 3:00-7:00 p.m. in the Castle

OCTOBER

Wednesday 1st- Orientation Reunion and Comedy Club - 7:00p.m. in The Chat

Friday 3rd- Landman Library Opening Ceremony, TBA

Thursday 9th- Skin Deep Panel for Hispanic Heritage Month, 7:00 p.m. in The Chat

Wednesday 15th- Hispanic Heritage Month Speaker Dr. Vega, 7:00pm in the Mirror Room

Saturday 25th- Annual Mr. Beaver Contest & Dance, 7:00 p.m. in Kuch Gym

Friday 31st- Masquerade Ball, TBA in the Castle

NOVEMBER

Wednesday 5th- Distinguished Speaker Mary Frances Berry, 8:00 p.m. in Stiteler

Monday 17th- Empty Bowl Dinner, The Castle

Wednesday 19th- Celebrating Cultures, 6:00-9:00 p.m. in Kuch Gym

Friday 20th- Coffeehouse featuring the Irish group Barley Juice, 8:00 p.m. in The Chat

DECEMBER

Tuesday 9th- Late Night Breakfast, 10:00 p.m. in the Dining Hall

A Top 15 List

Why College is different from High School

1. In high school, you do homework. In college, you study.
2. No food is allowed in the hall in high school. In college, food must be provided at an event before students will come.
3. In high school, you wear your backpack on one shoulder; in college, on both.
4. In college, the professors can tell you the answer without looking at the teacher's guide.
5. In college, there are no tardy slips.
6. In high school, you live with your family and visit your friends. In college (if you're a resident), you live with your friends and visit your family.
7. In college, you don't have to wait in a certain lunch line to be cool.
8. In high school, you're told what classes to take. In college, you get to choose; that is, as long as the classes don't conflict and you have the prerequisites and the classes aren't closed and you've paid your tuition.
9. In high school, fire drills are planned by the administration; in college, by the drunk guy who thought it would be funny to pull the alarm at 3am the night before your psychobiology final.
10. In college, any test consists of a larger percentage of your grade than your high school final exams ever did.
11. In high school, when the teacher said, "Good morning," you mumbled back. In college, when the professor says, "Good morning," you write it down.
12. In college, weekends start on Thursday.
13. In college, there's no one to tell you not to eat pizza three meals a day.
14. In high school, it never took 3 or 4 weeks to get money from Mom and Dad.
15. In high school, you can't go out to lunch because it's not allowed. In college, you can't go out to lunch because you can't afford it.

Editor in Chief- Ben Maser
Executive Editor- Julie Strange

The Tower is the official student newspaper of Arcadia University. Opinions expressed herein are those of the author and not those of The Tower or Arcadia University. Readers are encouraged to submit letters to the Editor. The Editor reserves the right to edit for length and errors. All contributions including photographs, articles, opinions, etc., can be sent through Campus Mail or addressed to:

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Arcadia University presents Hispanic Heritage Month 2003

"Recordando a Celia Cruz"

The theme of this year's Hispanic Heritage Month is "Recordando a Celia Cruz" (In memory of Celia Cruz) a major role model and vocalist in the Latino community who recently passed away. Her vocal talent and love for her community live on.

September 24 SPB Coffeehouse with Vanessa Hiday

The Hebrew Mamacita's spoken word is sure to inspire.

Time: 8pm Location: Chat

September 28 Puerto Rican Day Parade

Arcadia University's Latino Association will represent Arcadia in the parade. If interested in walking in the parade, please contact the Latino Association President, Evelyn Rivera or the Office of Multicultural Affairs.

October 9 Skin Deep: Latino Cultural Exploration

This panel presentation by Arcadia students from various Latino/Hispanic backgrounds will address the traditions, customs, and other distinctions among diverse Latino/Hispanic cultures.

Time: 7pm Location: Chat

Sponsored by the Multicultural Affairs and Latino Association.

October 15 Lecture Presentation: "Latinos, African Americans, and International Cultural Relations"

Professor Victor Vega, Counseling and African American Studies professor at Middlesex College in Edison, New Jersey will engage participants through presentation and dialogue about how race, and racism affect culture and what must be done to empower cultural relations.

Time: 7pm Location: Mirror Room, Castle

Sponsored by Multicultural Affairs, Latino Association, and the Office of the Provost.

October 15 Cucina Latina

Lunch menu featuring sumptuous Latino cuisine served during lunch hours.

Location: Dining Hall

Sponsored by Dining Services

October 24 Latino Association Coffeehouse: featuring Grupo Fuego

This Latino cultural extravaganza will feature a local dance company, Grupo Fuego. Poets, singers, musicians, are welcome to participate.

Time: 8pm Location: Chat

Sponsored by Dining Services, Latino Association, Multicultural Affairs, Multicultural Organization Coalition, Office of the Provost, Student Activities, and Student Programming Board.

Mark Your Calendars!!

Upcoming Fall Events: The Distinguished Lecturer Series Inaugural Event: Mary Frances Berry. Topic: "Race, Gender, and the American Court", Wednesday, November 5, 2003, 8:00pm, Stitler Auditorium, Murphy Hall.

Out Week: October 6-12, 2003

International Education Week:
November 17-21, 2003

Kwanzaa Celebration: December 1, 2003